Interpersonal Communication



While most people feel they communicate well, understanding peoples' perception of us and what that perception conveys, is a starting point in making a difference in our effectiveness to communicate. Developing strong interpersonal skills allows for the graceful handling of all interactions and is proving crucial in an individual's success in their careers and family lives.

In an era where people are communicating through various platforms and technologies, the most important is still how we communicate face to face with others. Verbal communication represents 7% of the message we communicate while nonverbal communication represents 93%. This variance leaves a lot of opportunity for others to interpret the message we are trying to convey.

People may not remember what you said,
but they will remember
how you made them feel.

.

Strong interpersonal communication build relationships and creates advocates for our career growth.

- Learn to collaborate with others effectively by managing your image.
- Understand various communication theories and how to put these into practice to be successful in any environment.
- Assess our individual interpersonal communications and how to improve areas of development.
- Understand misconceptions others may have of you and how to overcome them to build a strong relationship.
- Learn the impact of being clear and concise with thoughts.
- Utilize a self-profile to identify our communication style and how others may react.
- Practice active listening techniques that help build rapport with others.

PARRALES CONSULTING

CONTACT US TODAY:
(201) 543-8683
Antonio@ParralesConsulting.com
www.ParralesConsulting.com